

# St. James Episcopal Church

## The Holy Eucharist: Rite One

March 9, 2025

Pastor Steve Quist

Opening Hymn: The Glory of those forty days (H143)

### THE GLORY OF THESE FORTY DAYS

ERHALT UNS, HERR



1. The glo - ry of these for - ty days We cel - e -
2. A - lone and fast - ing Mo - ses saw The lov - ing
3. So Dan - iel trained his mys - tic sight, De - liv - ered
4. Then grant that we like them be true, Con - sumed in
5. O Fa - ther, Son, and Spir - it blest, To you be



1. brate with songs of praise; For Christ, by whom all
2. God who gave the law; And to E - li - jah,
3. from the li - ons' might; And John, the Bride - groom's
4. fast and pray'r with you; Our spir - its strength - en
5. ev - 'ry pray'r ad - dressed; Who are in three - fold



1. things were made, Him - self has fast - ed and has prayed.
2. fast - ing, came The steeds and char - i - ots of flame.
3. friend, be - came The her - ald of Mes - si - ah's name.
4. with your grace, And give us joy to see your face.
5. Name a - dored, From age to age the on - ly Lord.

Text: LM; *Clarum decus jejunii*; St. Gregory the Great, ca. 540–604; tr. fr. the *English Hymnal*, 1906;  
Maurice F. Bell, 1862–1947, alt. Music: J. Klug's *Geistliche Lieder*, Wittenberg, 1543;  
adapt. by Johann Sebastian Bach, 1685–1750, alt.

Celebrant: Bless the Lord who forgiveth all our sins;  
BCP 323

People: His mercy endureth for ever.

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy hold Name; though Christ our Lord. **Amen**

Hear what our Lord Jesus Christ saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Lord, have mercy upon us.

BCP 324

**Christ have mercy upon us.**

Lord, have mercy upon us.

**Glory be to God on high,  
And on earth peace, good will towards men.  
We praise thee, we bless thee,  
We worship thee,  
We glorify thee,  
We give thanks to thee for thy great glory.  
O Lord God, heavenly King, God the Father Almighty.  
O Lord, the only-begotten Son, Jesus Christ;  
O Lord God, Lamb of God, Son of the Father,  
That takest away the sins of the world,  
Have mercy upon us.  
Thou that takest away the sins of the world,  
Receive our prayer.  
Thou that sittest at the right hand of God the Father,  
Have mercy upon us.  
For thou only art holy;  
Though only art the Lord;**

**Thou only, O Christ,  
With the Holy Ghost,  
Art most high in the glory of God the Father. Amen.**

The Collect of the Day

Celebrant: The Lord be with you

**People: And with thy spirit.**

Celebrant: Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. *Amen*

The Lessons

The First Lesson

**Deuteronomy 26:1-11**

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among

you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Hear what the spirit is saying to God's people.  
People: Thanks be to God.

## **The Response:**

### **Psalm 91:1-2, 9-16**

#### *Qui habitat*

- 1 He who dwells in the shelter of the Most High, \*  
abides under the shadow of the Almighty.
- 2 He shall say to the LORD,  
"You are my refuge and my stronghold, \*  
my God in whom I put my trust."
- 9 Because you have made the LORD your refuge, \*  
and the Most High your habitation,
- 10 There shall no evil happen to you, \*  
neither shall any plague come near your dwelling.
- 11 For he shall give his angels charge over you, \*  
to keep you in all your ways.
- 12 They shall bear you in their hands, \*  
lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; \*  
you shall trample the young lion and the serpent under your feet.
- 14 Because he is bound to me in love,  
therefore will I deliver him; \*  
I will protect him, because he knows my Name.
- 15 He shall call upon me, and I will answer him; \*  
I am with him in trouble;  
I will rescue him and bring him to honor.
- 16 With long life will I satisfy him, \*  
and show him my salvation.

#### **The Epistle**

### **Romans 10:8b-13**

"The word is near you,  
on your lips and in your heart"

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

Hear what the spirit is saying to God's Church

People: Thanks be to God

### **Gradual Hymn: Praise our great and gracious Lord (H393)**

1 Praise our great and gracious Lord,  
call upon his holy Name;  
raising hymns in glad accord,  
all his mighty acts proclaim:  
how he leads his chosen  
unto Canaan's promised land,  
how the word we have heard  
firm and changeless still shall stand.

2 God has given the cloud by day,  
given the moving fire by night;  
guides his Israel on their way  
from the darkness into light.  
God it is who grants us  
sure retreat and refuge nigh;  
light of dawn leads us on:  
'tis the Dayspring from on high.

The Holy Gospel of our Saviour Jesus Christ according to **Luke**

People: Glory to you, Lord Christ

The Gospel of the Lord

#### **Luke 4:1-13**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone

to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

'Worship the Lord your God,  
and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you,  
to protect you,'

and

'On their hands they will bear you up,  
so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

People: Praise to you, Lord Christ.

The Sermon

Pastor Steve Quist

The Nicene Creed

BCP 326

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,**

**begotten, not made,  
of one Being with the Father,  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to  
come. Amen.**

Prayers of the People Form VI

**BCP 392**

For all people in their daily life and work;  
**For our families, friends and neighbors, and for those who are  
alone.**  
For this community, the nation and the world;  
**For all who work for justice, freedom, and peace.**  
For the just and proper use of your creation;  
**For the victims of hunger, fear, injustice and oppression.**

For all who are in danger, sorrow, or any kind of trouble;  
**For those who minister to the sick, the friendless, and the needy.**  
For the peace and unity of the Church of God;  
**For all who proclaim the Gospel, and all who seek the Truth.**  
For our Bishop, all Bishops and other ministers;  
**For all who serve God in his Church.**  
For the special needs and concerns of this congregation. (silence)

Hear us, Lord;  
**For your mercy is great.**  
We thank you Lord, for all the blessings of this life (silence)

We will exalt you, O God our King;  
**And praise your Name for ever and ever.**  
We pray for all how have died, that they may have a place in your  
eternal kingdom (silence)

Lord, let your loving-kindness be upon them;  
**Who put their trust in you.**

Confession of Sin

BCP 330

Celebrant: Let us humbly confess our sins unto Almighty God.  
BCP 331

**Almighty God,  
Father of our Lord Jesus Christ,  
maker of all things, judge of all men:  
We acknowledge and bewail our manifold sins and wickedness,  
which we from time to time most grievously have committed,  
by thought, word, and deed, against thy divine Majesty,  
provoking most justly thy wrath and indignation against us.  
We do earnestly repent,  
and are heartily sorry for these our misdoings;  
the remembrance of them is grievous unto us,**



**the burden of them is intolerable.  
Have mercy upon us,  
have mercy upon us, most merciful Father;  
for thy Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may ever hereafter  
serve and please thee in newness of life,  
to the honor and glory of thy Name;  
through Jesus Christ our Lord. Amen.**

*The Bishop, when present, or the Priest, stands and says:*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. Amen

### **The Peace**

The peace of the Lord be always with you.

**People: And with thy spirit.**

Announcements

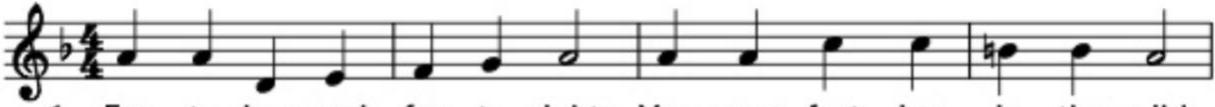
Holy Communion

BCP 333

**Offertory Hymn:** Forty Days and Forty Nights (H150)

## FORTY DAYS AND FORTY NIGHTS

HEINLEIN



1. For - ty days and for - ty nights You were fast - ing in the wild;
2. Shall not we your sor - row share And from world - ly joys ab - stain,
3. Then if Sa - tan on us press, Flesh or spir - it to as - sail,
4. So shall we have peace di - vine: Ho - lier glad - ness ours shall be;
5. Keep, O keep us, Sav - ior dear, Ev - er con - stant by your side;



1. For - ty days and for - ty nights Tempt - ed, and yet un - de - filed.
2. Fast - ing with un - ceas - ing prayer, Strong with you to suf - fer pain?
3. Vic - tor in the wil - der - ness, Grant we may not faint nor fail!
4. Round us, too, shall an - gels shine, Such as served you faith - ful - ly.
5. That with you we may ap - pear At th'e - ter - nal Eas - ter - tide.

Text: 77 77; George H. Smyttan, 1822–1870, alt.  
Music: attr. to Martin Herbst, 1654–1681, alt.

### **The Great Thanksgiving**

The Lord be with you.

**And with thy spirit.**

Lift up your hearts.

**We lift them up unto the Lord.**

Let us give thanks unto our Lord God.

**It is meet and right so to do.**

It is very meet, right and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Gather, almighty, everlasting God.

Therefore, with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Holy, holy, holy Lord God of Hosts:  
Heaven and earth are full of thy glory.**

## **Glory be to thee, O Lord Most High.**

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me. "

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make' having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy instructions, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving' most humbly beseeching; thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounded duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen**

The Lord's Prayer

BCP

336

**Our Father, who art in heaven, hallowed by thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

Breaking of the Bread (silence – break the bread then say)  
BCP337

Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast.**

O Lamb of God, that takest away the sins of the world, **have mercy upon us.**

O Lamb of God, that takest away the sins of the world, **have mercy upon us.**

O Lamb of God, that takest away the sins of the world, **grant us thy peace.**

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him and he is us. Amen**

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

(Give the communion and say)   The Body of Christ, the bread Heaven  
  The Blood of Christ, the cup of salvation

**Post Communion Hymn:** Lord, who throughout these forty days  
(H142)

The Celebrant says:

Let us pray.

BCP 339

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of**

**the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are vey members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen**

### **The Blessing**

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. Amen

**Recessional Hymn:** A mighty fortress is our God (H687)



1 A might - y for - tress is our God, a bul - wark  
 2 Did we in our own strength con - fide, our striv - ing  
 3 And though this world, with dev - ils filled, should threat - en  
 4 That word a - bove all earth - ly powers, no thanks to



nev - er fail - ing; our help - er he a - mid the flood  
 would be los - ing; were not the right man on our side,  
 to un - do us; we will not fear, for God hath willed  
 them, a - bid - eth; the Spi - rit and the gifts are ours



of mor - tal ills pre - vail - ing; for still our an - cient foe  
 the man of God's own choos - ing; dost ask who that may be?  
 his truth to tri - umph through us; the prince of dark - ness grim,  
 through him who with us sid - eth; let goods and kin - dred go,



doth seek to work us woe; his craft and power are great,  
 Christ Je - sus, it is he; Lord Sa - ba - oth his Name,  
 we trem - ble not for him; his rage we can en - dure,  
 this mor - tal life al - so; the bo - dy they may kill:



and, armed with cru - el hate, on earth is not his e - qual.  
 from age to age the same, and he must win the bat - tle.  
 for lo! his doom is sure, one lit - tle word shall fell him.  
 God's truth a - bid - eth still, his king - dom is for ev - er.

**The Dismissal**

Let us go forth in the name of Christ.

**Thanks be to God.**